



WINTER NEWSLETTER 2023

As many of you are aware, with the world opening up after the Covid -19 pandemic, three of our PRASAD Australia directors were finally able to join with other PRASAD licensees from around the globe for a PRASAD International meeting in India in April. The above photograph shows our global group with members from France, India, Spain, America, plus our representatives Sonia Kaushik, Susanna Mason and Susan Nalini Rae. What a joyful gathering it was, with us all so enthusiastic to see all of the great programmes and projects that PRASAD Chikitsa has in action.

We had the pleasure of visiting many programme sites and meeting beneficiaries and hearing their stories of challenge and achievement. We heard first-hand how our programmes are changing their lives for the better and what they still need. In our interactions we experienced their hope, gratitude, and strength.

Some of our sweetest moments were visits to our children's programmes. From the start, we were touched by the joyful welcome songs of the children at the Kelthan Village Primary School, where PRASAD recently built new toilets and handwashing stations for boys and girls, where previously there was only one toilet for all. We also saw the appreciation in the eyes of the children in the nutrition programme. This programme was closed during the pandemic but is now open again with plans to double the number of children participating this year.

Whilst spending the week travelling through the Tansa Valley, seeing all the great work that is being done by PRASAD Chikitsa's dedicated team and the way it is changing and improving so many lives, we were all so moved not only by the physical and tangible improvements, but the mental strength and resilience of the local people. They were all so enthusiastic about their lives, their health, gardens and farms. Having water, toilets, drainage, and education has literally made them "walk tall", feel good about themselves, and trust in a good future for their children.

Again this is thanks to all of our wonderful donors – every dollar you have given has made a difference. I think that at every project we visited we all wanted to give more, help more, and bring more smiles to these families and improve their way of life.

Each of us would like to share what particularly touched us personally about a particular programme. See our shares below.

Warm regards,
The PRASAD Australia Board

Sonia Kaushik
CHAIR

Joan Napoli
SECRETARY

Angela Whitbread
TREASURER

Susanna Mason
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Susan Nalini Rae
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